

VACATION CARE

Friday 12th December 2025 - Friday 23rd January 2026



(Please Note: Tuesday 27th January 2026 is a Professional Development Day. School is closed-no care available.) School commences Wednesday 28th January 2026.

LOCATIONS:

- Location 1 – Demountable F11– **contact 89977489.**
- Location 2 – Stage Area – **contact 89977484.**
- Email: genienne.north@education.nt.gov.au
- Email: christine.matthews@education.nt.gov.au

BREAK 4 VACATION CARE NEWSLETTER

Opening Hours

Vacation Care opens at 7.30am and closes at 5.45pm sharp. We are unable to accept any children before 7.30am. **Please do not drop your children in the carpark or at the gate. You are required to accompany your child to their designated Location** Please be aware that there is a late fee charged at \$1 for every minute late per child.

MEDICATION

Medication can only be administered to your child if it is prescribed by a medical practitioner, in the original container, it has a label showing name of child and dosage and an Administration of Medication Record is completed.

What to Bring

Please make sure your child brings a bag, hat and shoes every day. We will also be having impromptu water play most days, so a change of clothes is required. Bakewell Vacation Care does not have spare hats or changes of clothes. Singlets are **NOT** acceptable under our Sun Smart Policy. If children come to the Service wearing a singlet they will be required to stay inside and will be unable to participate in outside activities. Please make sure all items are marked with your child's name.

Children can bring their scooters, bikes, skates, skateboards every day. A helmet and enclosed shoes are required. We will allocate times each day for children to enjoy this activity.

Water Play /Sun Smart

As per our Sun Smart Policy, if children are participating in water play activities, they are required to wear a covered shirt over bathers. Children will not be permitted to participate in the water play activities unless their shoulders are covered.

Parents are also requested to apply sunscreen to their children when they arrive. This is the parent's responsibility and sunscreen will be provided at the sign in area. We will reapply the sunscreen before we go out to play at 1.45pm. Hats are required. **NO HAT NO OUTSIDE PLAY.**

WEEK	VENUE	TIME	AGE	LUNCH	COST
Week 1- 17/12/25	EVENT CINEMA	9.30am – 12.30pm	4 -7 yrs	Hot dogs, Cheese, Drink	\$5.00
Week 1- 18/12/25	EVENT CINEMA	9.30am - 12.30pm	8-12 yrs	Hot dogs, Cheese, Drink	\$5.00
Week 1- 19/12/25	XMAS PARTY	12.30	4-7yrs ,8-12yrs	Party food	\$5.00
Week 2- 07/01/26	ZONE 3 INCURSION	9.30 am- 1.00pm	4-7 yrs	Chicken, Chips, Drink	\$5.00
Week 2 -08/01/26	ZONE 3 INCURSION	9.30 am- 1.00pm	8-12 yrs	Chicken, Chips, Drink	\$5.00
Week 3- 14/01/26	SKALIWAGZ	9.30am - 12.00pm	4-7yrs	Pizza, Drink	\$5.00
Week 3- 16/01/26	ICE SKATING	10.40am -1.40pm	8-12 yrs	Pizza, Drink	\$5.00
Week 4- 21/01/26	JUMPING CASTLE INCURSION	9.00am - 4.00pm	4-7 yrs 8-12 yrs	Sausage Sizzle, Cheese, Drink	\$5.00

ALL LUNCH PAYMENTS WILL BE DIRECT DEBITED TO YOUR ACCOUNT – NO CASH PAYMENTS WILL BE ACCEPTED.

Toys

Children are encouraged not to bring toys or electrical items to Vacation Care. We do not take any responsibility for lost or broken toys. If children bring these items, they do so at their own risk.

If children bring their DS/iPad to Vacation Care they must hand it to an educator at the beginning of the day.

Behaviour

Please take the time to view the fair rules and behaviour consequences, (*which are in the Policies and Procedures folder near the sign in area.*). We believe all children have the right to be safe and happy. If your child is asked not to attend due to Behaviour Management consequences it is the parent's responsibility to find alternative care for the day/s.

Food

Parents need to supply a healthy packed lunch every day for their child.

The menu is on the parent board to view, if your child does not like what is being offered for morning or afternoon tea then parents are able to bring prepacked snacks with a healthy alternative. Please do not bring in lollies or cordial drinks. Fruit is available for children if they are still hungry throughout the day. Morning tea is between **9.30 - 10.00am**, lunch between **12.30 - 1.00pm** and afternoon tea is between **3.30 - 4.00pm**.

WE ARE UNABLE TO HEAT/COOK FOOD FOR YOUR CHILD
Please do not give your child/ren Egg/Peanut Butter/Nutella/Seafood
as we have children who are severely allergic to these foods.

Signing Children In and Out

All children attending Vacation Care are required to be signed in and out **AT THE LOCATION THEY ATTEND. Children are not to enter without a legal guardian.** If somebody else will be collecting your child/ren please ring to let us know who will be picking your child up. This person is required to show **photographic ID**. If your child/ren are going to be absent, please ring or email the day before, if possible.

Fees

Please have your fees paid by the end of each week.

If this is not possible, please email wendy.woods@education.nt.gov.au

For account queries please email oshc.admin@education.nt.gov.au

Fees may be paid by EFTPOS at the front office
or via internet banking with the following details:

Westpac Palmerston
Bakewell Primary School
BSB 035 318
Acct Number 122 585

Kind Regards

Co-Directors

Genienne North

Gabbi Chandler

Christine Matthews

HEALTHY EATING GUIDE FOR LUNCH BOXES

Foods and drinks high in fat, sugar and salt

Most people consume snacks high in fat, sugar and salt and sugar sweetened drinks up to 6 times a day (Healthy Ireland Survey 2016). There are no recommended servings for Top Shelf foods and drinks because they are not needed for good health.



Fats, spreads and oils

Use as little as possible. Choose mono or polyunsaturated reduced-fat or light spreads. Choose rapeseed, olive, canola, sunflower or corn oils. Limit mayonnaise, coleslaw and salad dressings as they also contain oil. Always cook with as little fat or oil as possible – grilling, oven-baking, steaming, boiling or stir-frying.



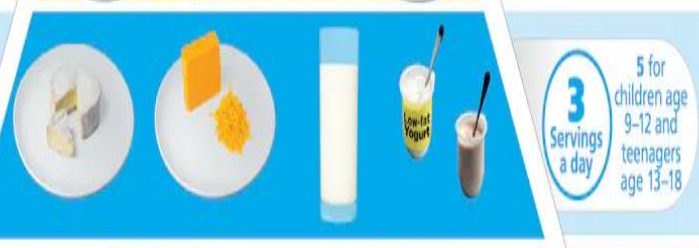
Meat, poultry, fish, eggs, beans and nuts

Choose lean meat, poultry (without skin) and fish. Eat oily fish up to twice a week. Choose eggs, beans and nuts. Limit processed salty meats such as sausages, bacon and ham.



Milk, yogurt and cheese

Choose reduced-fat or low-fat varieties. Choose low-fat milk and yogurt more often than cheese. Enjoy cheese in small amounts. Women who are pregnant or breastfeeding need 3 servings a day.



Wholemeal cereals and breads, potatoes, pasta and rice

Wholemeal and wholegrain cereals are best. Enjoy at each meal. The number of servings depends on age, size, if you are a man or a woman and on activity levels. Watch your serving size and use the Daily Servings Guide.*



Vegetables, salad and fruit

Base your meals on these and enjoy a variety of colours. More is better. Limit fruit juice to unsweetened, once a day.

